

## Prayer news update: January



Dear Friends,

Welcome to our second update from **Women of Migori**. When I wrote to you in November the team were making a fantastic start. I'm excited to be able to bring you more wonderful news about what the team has been doing and how they've been received in Migori.



*This is Florence and her family who have started to work on the project.*

### News from Sylvia

Earlier this week, I spoke with Sylvia, the project coordinator for Migori. She told me about the work her team has been doing over the past couple of months and is very encouraged to see the level of eagerness amongst the families in the community.

An advantage of this project is that it's based close to the Kakrao Project (Send a Cow's three-year project which finished last summer). The families in Migori have seen the amazing work that the farmers in Kakrao have achieved and are eager to get started!

They have already made a start on protecting water sources. Last time I told you that the team had identified three water sources that they plan to protect. Since then, they've identified six more, set up Water Committees and started to train them. **Do pray for this committee as they take on the responsibility for keeping the water sources clean and in working order.** These sources will not only provide clean water for the local families, but for families much further afield.

Having clean water is just one aspect of Send a Cow's work in health, hygiene and sanitation. Another has been to train fifteen Community Health Volunteers (CHVs). Their role is to raise awareness and train communities in various health issues. They have already started visiting communities where they have been conducting breast cancer screening, HIV testing, immunisation programmes and holding clinics for the under-fives. The CHVs play a vital role in keeping communities safe and raising awareness of a variety of health issues.

Next week, the team will make a start on the baseline assessment so that we will be able to understand need of the community and the progress they make over the course of the project.

## Please pray

- **Thank God for** the eagerness of the families to transform their lives. Pray for the training they receive. May God bless the work of their hands so that their farms may flourish and their families thrive!
- **Thank God for** the Water Committees and the work being carried out to ensure families have access to clean water.
- **Pray for Community Health Volunteers** as they work in the communities, raising awareness of some major health issues. Pray that they will be well received.
- **Continue to pray for the team** as they build relationships with the families. All this work is based on trust so it's important that the families trust what they are being asked to do.



As we are all looking to keep healthy and active at this time, would you be interested in taking part in our virtual challenge event, [Relay for Hope?](#) The funds raised could provide families with life-saving hygiene skills, as part of Send a Cow's response to coronavirus in rural Africa.

Join our virtual relay team. Walk, run or cycle a distance of your choice between 1st January and 31st March. As you walk, why not pray for an end to coronavirus? The miles you complete will help us collectively travel 5,400 miles in 89 days; from the highlands of Ethiopia to the grasslands of Zambia. By taking part in this event, you will learn about the families you help support as we travel through Ethiopia, Kenya, Uganda, Rwanda, Burundi, and Zambia.

[Find out more here.](#)

Thank you for supporting our vital work in Kenya; please be encouraged that you are making a real difference to help transform the lives of the families in Migori.

Best wishes,

A handwritten signature in black ink that reads 'Ann Hatton'.

Ann Hatton

Church Development Executive



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